HAUNTINGS.UNEXPLAINED.IM · FREE FACT SHEET

Hampton Court stories

Official hedges: reported, claimed, said, and legend has it.

Historic Royal Palaces tells the palace stories as stories. This sheet keeps the official wording, and does not treat a legend as a fact.

The official wording	What the page says
A warning	"We all love a good ghost story." "Nobody knew better than the Victorians that terror sells tickets." Early 1900s postcards were "faked up double exposed photographs offered as spine-tingling 'proof'."
Jane Seymour	A pale figure "is reported to appear on the Silverstick Stairs" on the anniversary of Edward's birth in October 1537. The same page says she died "only a few days after delivering Henry's longed-for son." That wording is not rewritten as twelve days.
Catherine Howard	The gallery page says that in 1541 she discovered she was to be charged with adultery, and was executed just three months later. The run along the gallery is "Legend has it," and the ghost "allegedly."
The Grey Lady	Sybil Penn nursed Elizabeth I through smallpox in 1562 and "died soon afterwards." Her tomb was disturbed in 1829. The spinning-wheel story is "Legend has it."
1999	On one day in 1999, during separate tours, two female visitors fainted in exactly the same spot in the Haunted Gallery. That is a palace note, not part of the 2003 study.

Three questions

1. How does the official page describe the early postcards?
2. What official wording is used for Jane Seymour's death?
3. Is the 1999 fainting note part of the 2003 paper?

Answers: Faked up double exposed photographs offered as proof. "Only a few days after delivering." No, it is a palace note.

Sources: Historic Royal Palaces, Historic hauntings at Hampton Court Palace; Haunted Gallery and Processional Route. Checked 17 November 2026. hauntings.unexplained.im is independent of Historic Royal Palaces. No photographs are included on this sheet.

ReallyByte — Fun. Educational. Useless.